

A Weekly Update For The Employees of North Central Health Care



NEWS YOU CAN USE

VEEKLY CONNECTION WITH JASON HAKE



As Memorial Day approaches, we prepare for more than just the unofficial start of summer, we also pause to honor the men and women who gave their lives in service to our country. This time of remembrance reflects the very foundation of our work at North Central Health Care, honoring the dignity of every individual and recognizing the importance of compassionate, person-centered care.

At North Central Health Care, these values are woven into everything we do. Whether we're supporting clients through

crisis, providing long-term care, or ensuring families have the resources they need, our commitment to person-centered service remains constant. Memorial Day gives us an opportunity to reflect on the importance of that commitment and the responsibility we have to care for others with compassion and purpose.

The arrival of summer often brings renewed energy. It's a season of connection, spending more time outdoors, engaging with our communities, and finding moments to recharge. As we enter this new season, let's carry that energy into our work, continuing to show up for each other and for those we serve.

Wishing you a safe and meaningful Memorial Day weekend and a bright start to the summer ahead.

Jason Hake

Deputy Executive Director

MARATHON COUNTY FACILITIES EMERGENCY ON-CALL PHONE

Request Through Temporary Phone and Email

Due to the Cellcom outage, the on-call cell phone for Marathon County Facilities & Capital Management has been affected. Please direct any facility issues that need to be addressed on an on-call basis to the Work Order email (WorkOrderFCM@MarathonCounty.gov) or the temporary number for our Facilities Emergency On-Call use: 534-901-0453

Marathon County Facilities will be using this number until their usual on-call number is back online. Facilities staff will be monitoring the email inbox 24 hours a day until the Cellcom outage is resolved.

Mental Health Awareness Month2 Retirement News3 **Employee** Recognition......4-5 Foodie Forecast 6-7



Occurrence **Reporting Hotline**

Only significant or sentinel events requiring immediate notification to this hotline.





May is Mental Health Awareness Month, and North Central Health Care invites you to take small, meaningful steps toward improving your well-being. It's about making manageable shifts in your daily life that add up to real, lasting impact.

Do interactions with certain people leave you feeling drained, anxious, or overwhelmed? That might be a sign it's time to set some boundaries.

Boundaries are limits we set for ourselves and others to protect our well-being. They're not about shutting people out they're about creating space to feel safe, respected, and in control of our lives.

Why Boundaries Matter

Boundaries help us:

- Maintain emotional and physical energy
- Protect our mental health
- Communicate our needs clearly
- Build healthier relationships

Without boundaries, we may find ourselves constantly overextended, stressed out, or even resentful of the people around us. Setting limits can feel uncomfortable at first—especially if you're used to putting others' needs before your own—but it's one of the most powerful things you can do for your mental wellness.

What Do Healthy Boundaries Look Like?

Boundaries can be physical, emotional, mental, or even digital. They might sound like:

- "I can't commit to that right now."
- "I'm not comfortable talking about this."
- "I need time to recharge before making plans."
- "Please don't comment on my appearance."
- "Let's keep our conversations work-related."

You get to decide what feels okay and what doesn't—and you don't need to justify your choices to anyone.

Find tips, tools, and insight on our website to help you thrive and set healthy boundaries.

www.norcen.org/MentalHealthMonth







PHOTO OF THE WEEK



CONGRATULATIONS CARL PETERSON

Thank You for 23 Years of Service!

Carl Peterson will be retiring from his role as a Case Manager on the Community Treatment ACT team on Friday May 23rd, 2025 after dedicating 23 years of service to NCHC and our community.

Carl has been an essential asset to the Community Treatment team and across the organization. We recognize Carl for the positive impact he had on our consumers lives. He was always willing to take on new challenges without complaint. Carl was always a team player and has been a valued colleague, mentor, and friend to many across NCHC. He will be remembered not just for his work, but for the kindness, humor, and wisdom he shared with us all.

Please join us in wishing Carl Peterson all the best as he embarks on this exciting new chapter! You will be missed!



App Installation ManageEngine is about to install and manage the app "Duo Mobile" from the App Store. Your Apple Account will not be charged for this app. Install

ATTENTION NCHC CELL PHONE USERS



NOTICE #1

App Installation Alert for Cerner Users

On Tuesday, May 20, NCHC cell phone users received a message (shown to right) regarding installing the "Duo Mobile" app from the app store. This notice was pushed out to all staff with NCHC cell phones, however the app install pertains only to those employees who use CERNER.

If you received the notice, and you are a CERNER user, please continue on with installing the Duo Mobile app on your work cell phone.

If you do not use CERNER, you can "cancel" the alert.

NOTICE #2

Cellcom Outage Affecting NCHC Cell Phones

Since Thursday, May 15, Cellcom phone users, including our NCHC work cell phones have been amidst an outage of service. Cellcom has made progress on restoring its voice network. As of this publication, over half of NCHC cellphones can make and receive calls. However, not all NCHC cellphones are seeing improvements yet.

Text and data services may still work in some areas, though issues continue to be reported. 911 emergency services remain available.

While there is no timeline for full restoration, efforts remain ongoing. Thank you for your continued patience. We'll share more updates as they become available.





The following employees were nominated and selected for their outstanding demonstration of our NCHC Core Values and Person-Centered Service. Congrats to the following individuals and teams for their achievements.

OUTSTANDING PERSON-CENTERED SERVICE AWARD

Rachel Budnick

Adult Protective Services Representative

Congratulations to the Rachel Budnick, recipient of the Outstanding Person-Centered Service Award for this quarter. Rachel was recognized for:

- Living our NCHC Core Values and displaying them with clients, in the community, and within the APS Department with her team.
- Her knowledge, being easy to work with, and very attentive to clients and coworkers.
- Her commitment to Continuous Improvement by attending trainings to better serve clients and gain knowledge for herself.
- Her work with community partners and her thirst for learning more about them to help educate and develop partnerships.
- Her ability to motivate coworkers and take the time to educate and train her team.
- Her diligence and ability to take on a larger caseload.

Rachel was nominated by Taylor Purgett.

Share your experience with a coworker or team that demonstrated the outstanding work and commitment to providing excellent Person-Centered Service at North Central Health and the community.

Recognition is Awarded Quarterly for:

- Outstanding Person-Centered Service
- Outstanding Service Excellence
- Team Partnership
- Outstanding Leadership



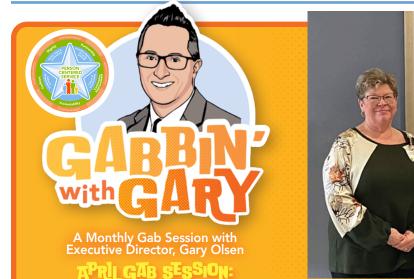
Deadline to Nominate for This Quarter's **Nominations**

North Central Health Care										
	Person centered, Outco	ealth Care	Commen							
Employee Recognition Pro-										
Employee Recognition Program										
Please complete this form by shing your comments about the experience you had with the excellent Person Centred Service at North Central Health and the Commitment to providing REOURED. Check One Award Cetteron Published										
Pulveresty and demonstrated the "y Tour comments about the experience you had with the excellent Person-Centred Service and Wildland tream's outstanding work and commitment to providing REQUIRED: Check One Award Category Refer.										
Check One	RECORD Check One Award Category Reli-									
Optimal patient are	g Person-Centered Service In ployee who provides direct care, exceed- prince and uncompromising Person-Centered in agers and Supervisors are not eligible for this	Award								
NCHC Directors, Ma	negers and Supervisors Person-Centered	is standards and works effectively to an								
Recognizes an em	ployee who does									
NCHC Directors, Man	end has excelled in supporting the propert	, has consistently achieve to								
Control of the Contro										
Recognizes any wor	Team Partnership Award k team, committee or department who his spectment or organization. 15 employees or less p									
	partment or organization of department who ha	IS made signif								
Outstanding I	eadership Award	er group. Recipient selected by Disc.	nor the position							
			*							
Recipient selected by Se	M. manager or supervisor who inspires, infling as a role model for others to follow in the world in the wo	uences and conducts themsel								
Note: Recipients are selected by		orkplace and our community.								
Employee/e1/T	d on the criteria for each award which can be for Recognizing	Sand								
Name(s)	Recognizing	and an www.norcen.org/Recognition								
Name(s):										
	Department:									
Your Information										
Title:	_									
Phone Number/email:	Department:	oday's Date:								
The awards will be distributed of										
	uarterly:									
Quarter	Submission									
1st Quarter	Dates	Selection and	7							
2nd Quarter	January 1 to March 31	Recognition Planning								
3rd Quarter	April 1 to June 30	April								
4th Quarter	July 1 to September 20	July								
	October 1 to December 31	October								

Nominate a Coworker or Team today! www.norcen.org/Recognition









Chrissy Seidler (left) and Cecelia Upton (Right) are joined by Gary Olsen for the April Gab Session.

Inspired by Core Values & Committed to Person-Centered Service!

COMMUNITY TREATMENT SPOTLIGHT AWARD APRIL 2025

EMPLOYMENT

SERVICES

Lindsey Johnson Service Facilitator, Youth Community Treatment for Marathon County

NCHC Community Treatment is pleased to announce Lindsey Johnson was awarded the April Spotlight Award!

"Lindsey, exemplifies the Core Values of NCHC and exceeds expectations in her work with youth and families. Lindsey is extraordinarily dependable, organized, thorough, and conscientious in her work. She has excellent judgment and makes thoughtful decisions to ensure that she meets the needs of those she serves. She is especially skilled at looking at all sides of an issue and planning the most effective and appropriate course of action."

"With great persistence and flexibility, Lindsey has supported consumers with very complex needs in making significant progress. The youth and parents she works with trust her and value her involvement, and she works diligently with them towards positive outcomes."



Congrats Lindsey!

"She helps our team continuously improve by sharing ideas with colleagues and helping with creative problem-solving – she is always a helpful participant who makes useful contributions in clinical discussions. We are so happy that Lindsey is part of our Community Treatment team!"

ANTS ARE NO PICNIC! What to Do If You Spot Ants

We have reports of several areas in our buildings where ants have been spotted. Employees are asked to be sure to clean up crumbs and spills on or around workstations, refrain from leaving food out on a desk or in small break areas in departments, and to clean up thoroughly after potlucks by emptying desk garbages frequently.

If you spot ants, please contact:

- Wausau Housekeeping at 715-581-0832 or email Jackie Aschebrock and Mat Beyer
- Pine Crest Housekeeping at 715-539-2551 or email Tonya Hart.

Please provide your department, room number, and locations in room where ants were seen. Thank you for your help in advance!





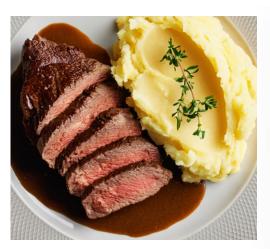


MAY 19 - 23, 2025

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
	Homestyle Meatloaf Baked Potato Broccoli	Baked Garlic Parmesan Chicken Rice Pilaf Beets	Breaded Pork Chop Brown Gravy Obrien Potatoes Mixed Veggies	Homemade Chili Cheddar Biscuit	Lasagna Breadstick Broccoli
	Chicken & Rice Soup	Cheesy Cauliflower Soup	Taco Soup	Beef Noodle Soup	Cream of Broccoli Soup
SANDWICH	Chef's Choice	French Dip on Hoagie	Breaded Fish on a Bun	Hamburger with All the Fixins'	"Tachos" Loaded Tater Tots
DESSERT	Brownie	Sugar Cookie	Strawberry Yogurt Pie	Oreo Pie	Cherry Delight

MAY 26 - 30, 2025

	MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
MAIN ENTREE	Roast Beef Mashed Potatoes Green Bean Casserole	Chicken Pasta Alfredo Beets Breadstick	Smoked Pork Loin Baked Sweet Potato Buttered Peas	Ranch Meatloaf Garlic Pasta Zucchini & Toma- toes	Battered Fish Country Style Fried Potatoes Creamy Coleslaw
SOUP	Vegetable Chowder	Potato Soup	Minestrone Soup	Vegetable Beef Soup	Split Pea Soup
SANDWICH	Chef's Choice	Egg Rolls & Sweet & Sour	Chicken Bacon Flatbread Pizza	Baked Turkey Berry Soup	Taco Bar
DESSERT	Strawberry Applesauce	Chocolate Peanut Butter Bar	Chocolate Eclaire Torte	Monster Cookie	Blueberry Delight





WHAT'S **FOR** LUNCH?

WAUSAU CAMPUS EMPLOYEE CAFETERIA

OPEN TO ALL NCHC & WAUSAU CAMPUS **EMPLOYEES**

MONDAY - FRIDAY

Grab-N-Go 8 am - 6:30 pm

Lunch 10 am – 2 pm Soup, Salad Bar & Hot Food Bar

Soup Served until 6:30 pm or until sold out.

WEEKENDS

The Employee Cafeteria is Closed.

WEEKDAY SALAD BAR & HOT FOOD BAR \$.45/OUNCE

Daily Hot Sandwich Menu

LIKE GRILLED BEEF & CHEDDAR, CHEESEBURGERS, BBQ SANDWICHES, TUNA MELTS, PIZZA & MORE!!

Make your own cold or hot sandwich with fixins' OR self-serve at the salad bar.







NOW OPEN 7 DAYS A WEEK! | WEEKDAYS 7:30AM - 3PM | WEEKENDS: 9:30AM - 5PM

THE BISTRO WILL BE CLOSED ON WEEKENDS FROM 1-1:30PM TO ACCOMODATE STAFF BREAKS *HOT FOOD IS AVAILABLE AT THE BISTRO DAILY UNTIL 2:30PM *



Bistro Club

TURKEY | HAM | BACON | SWISS | MAYO | TOMATO



BACK FOR THE SEASON!



